

Kirkcud & Newlands Parish Magazine

September 2022

YOU'RE  VERY
WELCOME 



Harvest Thanksgiving Service October 9th 2022 10am



Harvest Supper

In church

Saturday 8th October 2022

6.30 pm



All Services back in Church



We are now holding weekly services back in church again and everyone is very welcome to attend. Zoom services are still being held at Carlops at 10am and St Andrews West Linton at 11.30am. For more information contact Jean Howat. howat-jean@gmail.com 01968 660677

West Tweeddale Parishes

<i>Date</i>	<i>Carlops 10 am</i>	<i>Kirkurd & Newlands 10 am</i>	<i>West Linton 11.30 am</i>
04 September 2022	Murray Campbell	Rev Tony Foley	Murray Campbell
11 September 2022	Rev Chris Levison	Kevin Scott	Rev Chris Levison
18 September 2022	Rev Tony Foley	Fiona Burnett/ Peter Worthington	Rev Tony Foley
25 September 2022	Steven Whalley	Rev Tony Foley	Steven Whalley

Welcome: Jean and David Howat

Church Cleaning: Mary Alexander

<i>Date</i>	<i>Broughton 11 am</i>	<i>Skirling 11.30 am</i>	<i>Tweedsmuir 9.30 am</i>
04 September 2022	Peter Worthington	Rev Tony Foley	Peter Worthington
11 September 2022	Rev Tony Foley	Kevin Scott	Rev Tony Foley
18 September 2022	Colin Herd	Fiona Burnett/ Peter Worthington	Colin Herd
25 September 2022	Murray Campbell	Rev Tony Foley	Murray Campbell

Harvest Thanksgiving

We will hold our **Harvest Supper in church on Saturday 8th October at 6.30pm.** Everyone is invited to bring their own picnic for the first course as well as plates and cutlery and there will be a pot luck dessert of cakes and traybake. Please contact Jean Howat or your elder if you would like to come so that we have an idea of numbers. **EVERYONE IS WELCOME!**

The **Harvest Thanksgiving Service will be on Sunday 9th October at 10am.** We would welcome donations of produce and food, which will be delivered to the Foodbank in Penicuik. There will also be a retiring collection in aid of Bethany Christian Trust. Again all are welcome. Jean Howat

Decorating the church for Harvest Thanksgiving

Friday 7th. October, 9:30am onwards. If anyone would like to help please come along and join in.

Donations of garden flowers and foliage would be very much appreciated.

A Warm Welcome to Michelle Fraser

Michelle Fraser is our new Church Linkage Administrator. She is working to provide robust organisational management to Rev. Dr. Tony Foley and to the West Tweeddale linkage of Broughton, Carlops, Kirkurd & Newlands, Skirling, Tweedsmuir and West Linton. She works closely with each session clerk, acts as a central point of contact for the linkage, and will manage the organisation of linkage events.

Michelle and her partner Gordon live in Broughton with their five children, springer spaniel and two cats. They enjoy walking, cycling, and other outdoor activities. Michelle enjoys reading, playing the piano, sitting outside in her garden when the weather permits, and likes to cook and bake. Michelle is currently working to complete her psychology degree, and is soon to finish her CIPD professional qualification in Human Resource Management.

Happiness is O-shaped

The data is in, *happiness is O-shaped!*

In 1938, researchers at Harvard Medical School initiated a study that involved studying a group of participants who were studying at Harvard over the course of their life from youth to old age. Every year or two, researchers asked the participants about their lifestyles, habits, relationships, work, and happiness. The study has since expanded to include people beyond the initial group of Harvard students and its results have been updated regularly for more than 80 years.

Our sense of happiness peaks in our 20's and tends to decline after the age of 30, eventually bottoming out at about age 50. The good news is that it heads back up again in our 60s. According, to the Harvard study, the single most important trait of happiness in later life is healthy relationships. Robert Waldinger, director of the study, a psychiatrist at Massachusetts General Hospital and a professor of psychiatry at Harvard Medical School, who currently directs the study, reports, "*The surprising finding is that our relationships and how happy we are in our relationships has a powerful influence on our health... [In fact] Well-being can be built—and the best building blocks are good, warm relationships...*" The study revealed that more so than money or fame good relationships are what keeps people happy throughout their lives. It is our healthy relational ties that help to delay our physical and mental decline and are better predictors of long and happy lives than social class, IQ, or even genes. These finding proved true across the board. Who knew that Jesus' teaching on loving our neighbours and our enemies might be good for our long-term health?

So, people if you want to be happy and healthy do the work now and begin to cultivate healthy relationships. Find people with whom you can grow and whom you can count on. In fact, why not give church a try this Sunday you might be surprised what kind of people you will meet there.

Peace,

Tony

Cross-linkage Pastoral Care Group

The cross-linkage Pastoral Care Group is a group of people working throughout the linkage who are here to reach out to anyone who is struggling in any way. We have no specific remit but we just want to be present with people, to listen and to create an ethos of caring and loving in West Tweeddale. We are happy to visit, go for a coffee or just have a chat on the phone. Anything that we hear will be treated with total confidentiality.

Please do get in touch if you would like to speak to any of us or if you know of someone who is in need of support. More information can be obtained from any of the Group's members:

Broughton: Alexis Marr

Carlops: Patsy Campbell

Kirkurd & Newlands: Jean Howat *Group Convenor*

Skirling and Tweedsmuir: Isobel Hunter

St Andrew's West Linton: Mary Turnbull

The Pastoral Care Group can also be contacted through Michelle Fraser, Church Administrator: Email: cos1560.tweed@outlook.com; Tel.: 01968 733 112

**Why not get busy and
prepare an entry,
whether it's in earnest or
just for a bit of fun?**

Newlands & Kirkurd
Cottager's Garden
Produce Show
& Sale



Saturday
3rd Sept 2022
2pm at Newlands Centre
Entry - Adults £1.00 - Children 50p
www.newlandscentre.org.uk

***Lamancha, Newlands and
Kirkurd Community
Council***



The next meeting will take place at the **Lamancha Hub at
7.30pm on Wednesday 21 September 2022**

Come along and hear what's going on in the area where you live. Recent discussions have included the new High School in Peebles, road repairs and various planning issues.

Community Councils give people a voice on issues concerning the area where they live.

We have a Facebook page which will keep you up to date on meeting dates and local issues.

LAMANCHA COMMUNITY HUB

Our heating is now fixed ready for the colder weather so the cafe will be nice and cosy every Wednesday from 10 till 4 pm.

Yoga classes Thursday and Friday mornings and the games nights will be starting soon.

Email info@lamanchahub.org.uk

Presbytery Conference, Saturday 1st October
at Cardrona Hotel, near Peebles.

We seem to spend a lot of time in our churches and Presbytery talking about the consequences of a shrinking church, reduced minister numbers, reduced income, reduced congregations. But when did we last talk and plan for church growth? There is nothing inevitable in the church shrinking and disappearing in our communities unless we allow it to happen. The church of the future might be very different to the one we have now but whatever it looks like it will be based around a worshipping community, listening to what God is calling them to do, just as we do today.

It might seem a daunting prospect to grow our church in our area but help is at hand. The Presbytery Mission and Service committee is organising a conference on the 1st October under the theme, 'Growing our Church'. We're putting together what we hope will be an interesting programme which aims to inspire us all to get involved but also give us some ideas and pointers to get going. We'll also meet like minded people from neighbouring churches so that we share ideas and support each other in the task.

We have two keynote speakers who have agreed to come and share their insight and experiences of growing the church in their community. The first is the very Rev Albert Bogle who has been involved in using the internet for mission for many years and the second is Rev Tommy MacNeil who was called to a church in Stornoway threatened with closure and has managed to turn it into a thriving church community. Other speakers for the afternoon discussion sessions include Mr Gary Macfarlane from Design to Succeed on what we might do with our church buildings and Rev Graham Duffin, minister of Loanhead Parish Church on how changing church culture might attract a younger generation.

If this has sparked your interest, it's not too late to put in an application but spaces are limited. Contact your session clerk for more information and to see if you can join us for the day. And if you can't make it to the 1st October, you can still help by keeping the conference in your prayers both before and after the event. . We pray that God, through the Holy Spirit will equip and encourage the Church to seek ways of growing the church in our community.

Dr Fiona Burnett
Convener of Presbytery Mission and Service Committee and
Chair of Conference organising committee

KIRKURD SWI

On a blisteringly hot weekend some members participated in the industrial section at Peebles Agricultural Show. Congratulations to all who took part and won some prizes.

Thank you to Mo, Doreen & Viv for giving up time to sell raffle tickets.

At the time of writing some members are preparing and participating at some of the local horticultural shows. Good luck everyone.

The summer seems to have passed all too quickly and we are already starting to think about our autumn and winter activities.

Tuesday 4th. October Newlands Centre 7:30pm

First meeting of the winter programme with Roddy MacFarlane from 'No Mad Beat', Peebles who will talk about the activities of the organisation.

Competitions: Individual Fruit Tart Item with a musical connection

Hostess: Sandra Howieson Hostess to bring something for the speaker.

Everyone to bring own mug and something to eat.

Thursday 27th. October : Meeting with Diane Cooper, CEO of SWI.

St. Andrew's Leckie Church Hall, Peebles 7:30pm

This meeting is open to all members.

Tuesday 1st. November : The Gardens of the Commonwealth War Graves Commission, with Patricia Keppie, Public Engagement Co – Ordinator.

This is an open meeting, all welcome.

Hope you have all had a good summer.

Garden Ramblings

Where is your "Happy Place"? Mine is my rather wild and overgrown garden which is thriving. This month (August) at time of writing we have been doing a lot of pruning the shrubs which weren't done in Spring this year. Can't believe autumn bulbs are on display already!

This morning I've had my usual walk round the garden and am pleased to see the apples are almost ready.

Victoria plum tree is laden so should be able to make some jam next month. They are also sweet and delicious picked fresh from the tree. You only need one tree as they are self fertile and do well here in the parish. The blackcurrants and redcurrants were both eaten by starlings who got there first but that's what happens when you don't cover them...

Like a lot of people I've spoken to, the courgettes have not had a good year. I guess it's been the weather.

On the ornamental front my three phlox plants have been lovely and so have all the daisy family such as leucanthemums and rudbeckias and now Michaelmas daisies are beginning to open. Potentilla shrubs will keep flowering until November so if you don't have one in your garden, treat yourself. There is room for one even in the smallest garden.

My new clematis "Polish Spirit " is a late flowering plant and looks good at the back door against the cream wall as it's a lovely velvety dark purple shade. I bought this as a tribute to Poland for standing by their neighbouring country Ukraine so much.

Happy Gardening Everyone.

Cilla Davidson

NEWLANDS SWI



Newlands SWI starts the new session off on Thursday 8th September in Lamancha Community Hub beginning at 7.30pm. Our speaker is Suzy Finlayson on The Great Scottish Tapestry, a work in progress. We meet the second Thursday of the month. Hoping to see all the usual ladies plus some new faces. Please email me at cillarosemary@btinternet.com for further info.

Marion Storrie/Cilla Davidson

Minister West Tweeddale

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Church Administrator West Tweeddale

Michelle Fraser

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Session Clerk

Jean Howat

Stoney Knowe, Romanno Bridge

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Church Treasurer

David Howat

Stoney Knowe, Romanno Bridge

Tel. 01968 660677

Adventurers

Mrs Jean Howat and Mrs Ilka Roehé

Please contact your elder or Ilka Roehé by email if you would like a digital copy or large-print copy of the Parish magazine sent to your email address.

Material for the October magazine to ilka.roehé@btinternet.com by

Tuesday, 20 September 2022.



Newlands and Kirkurd Parish Church



<http://www.newlands-kirkurd.org.uk/>